Unlocking Leadership Potential: Implementing Covey's Circles of Influence with 4-H Youth

Lesson in Leadership Summary

This leadership-based series embraces the Olympic theme using a variety of games, activities, and challenges to introduce skill-building tools (Stephen Covey's Circles of Influence and Personality Academy Instrument) that will help youth navigate social and emotional development, resilience, and peer relationships. This series creates space for youth to reflect on aspects of their life they can control and influence, while accepting the things they cannot. Youth will discover how to grow their Circle of Influence by connecting their leadership strengths.

Lesson Plans & Evaluations

1. Circles of Influence - Many youth focus too much of our time and energy in areas where we have no control, and this exhausts and frustrates us - as well as undermines our success. Leadership expert Stephen Covey's Circles of Influence helps us to identify where to focus our time and energy to be an effective leader.

2. Lighting Your Torch - Youth will complete a personality assessment and participate in team building exercises to help them discover what they naturally do well, where they have the most potential, and what makes them exceptional.

3. Passing the Torch - Youth will participate in a variety of hands-on activities that represent the important role a mentor or Spark Champion plays in the success of young person's leadership development.

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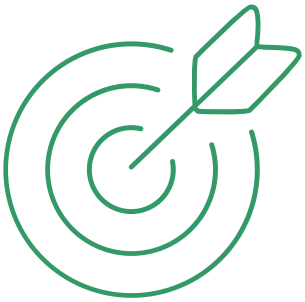

Kelle Ashley, Extension Specialist
ksashley@uga.edu
Dr. Jenna Daniel, Extension Specialist
jbrown10@uga.edu

GEORGIA 4-H