



4-H Military Partnership Connections



March brings longer days and new opportunities to engage, inspire, and connect with military-connected youth worldwide. This month's calendar supports your programs with relevant themes and creative ideas that honor the unique experiences of these young people while fostering life skills, leadership, and resilience. Here's to a month of purposeful programming, strong partnerships, and youth who are ready to March forward with confidence.

Welcome Tara Habhab



Tara Habhab, 4-H Youth Development Specialist, Department of the Air Force.

With over 20 years of experience supporting military-connected families, she has led more than 70 educational workshops and enhanced communication for thousands of service member families.

Tara has collaborated with schools and districts to strengthen support for military children. She previously spent over a decade with the Military Child Education Coalition and most recently coordinated educational events for Kansas State University's Graduate School.

A graduate of Tarleton State University, she has also completed advanced leadership training at Harvard, Notre Dame, and the U.S. Army Command and General Staff College.

You can reach Tara at habhab@ksu.edu.



Seasonal Self-Care: Spring Cleaning for the Soul
Presenter: Veronica M. Jones,
Rutgers Cooperative Extension of Essex County

Thursday, January 15 2026 14:00 ET

Join us for a rejuvenating webinar focused on seasonal self-care strategies to help you feel grounded, energized, and resilient this spring. Whether you're looking to boost your energy, revamp your nutrition, manage stress, or simply improve your outlook, this session will offer simple, proven strategies to help you thrive. Join us for some Spring Cleaning for the Soul!

Previously recorded sessions are available on-demand.

[Click For More Information](#)

Mark Your Calendars: April is the Month of the Military Child!

Celebrating Resilience, Honoring Sacrifice April is just around the corner, and with it comes a special opportunity to honor and celebrate military-connected youth during the Month of the Military Child (MOMC).



The 4-H Military Partnership is proud to support MOMC and encourages local and state 4-H programs to join in the celebration. Our website offers a variety of creative ideas and resources to help you plan activities and events that honor military-connected youth. From community service projects to fun family events, there are countless ways to make this month meaningful and memorable.

Zoom Into 4-H: A Virtual Celebration! To honor the MOMC, we are excited to announce the special virtual event. This interactive meeting will take place on April 8 (session will repeat to accommodate time zones), bringing together military-connected youth, families, and 4-H programs from around the world.

► [More Information](#)

Summer Camps!



Camp Corral offers recreational programs designed specifically to empower America's military children to make connections, build coping skills, and increase self-confidence.

► [Register Here](#)



Military Teen Adventure Camps
Hike, rock climb, and explore the great outdoors in a whole new way through the Military Teen Adventure Camps! As a part of the 4-H Military Partnership, these camps are open to teenagers (ages 13 to 18) of active duty, guard, reserve, and retired military personnel at little to no cost. ► [Register Here](#)

OPERATION PURPLE Camp **SUMMER 2026**

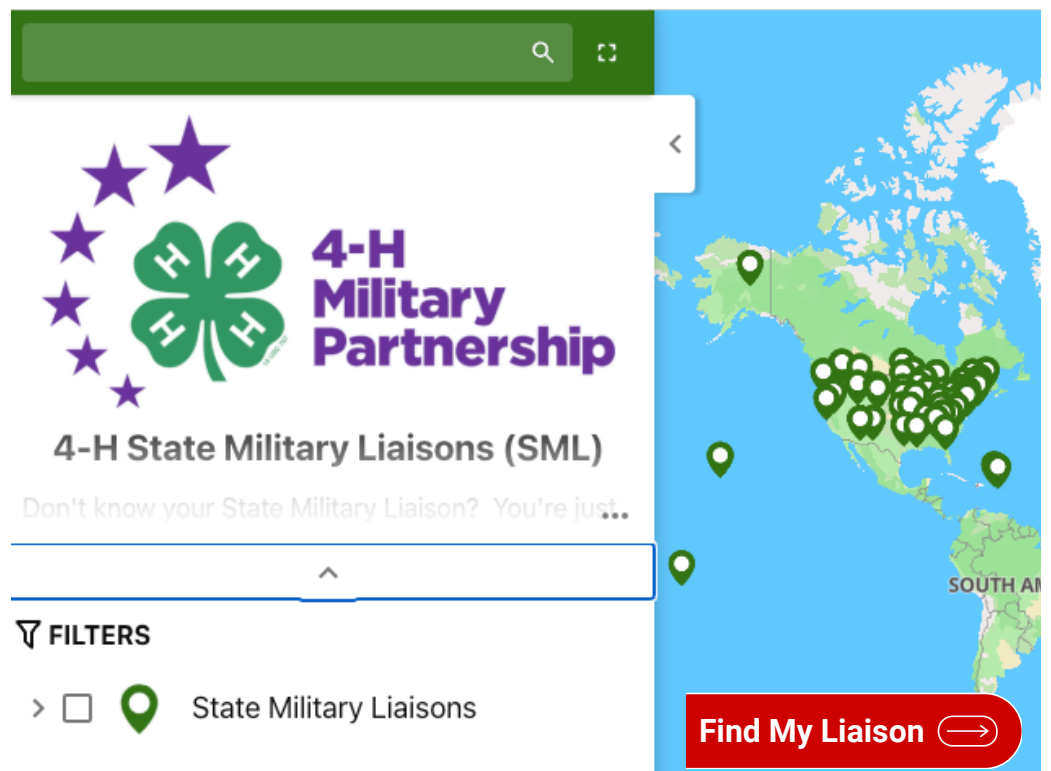
Exclusively for military-connected children, NMFA enhances the traditional camp experience with a curriculum that focuses on intentional skill-building and connection to other kids with military life experiences. ► [Register Here](#)



The CLOVER by 4-H Webinar Series helps educators, volunteers, and program leaders maximize the CLOVER platform. Each month focuses on different aspects, including practical discussions, demonstrations of new features, curriculum development, and future insights for 2026. The series offers interactive panels and peer insights, providing valuable opportunities for learning and collaboration to enhance positive youth development through CLOVER. ► [More Information](#)

The Department of War's (DoW) recent memorandum on revitalizing the Presidential Fitness Test through installation Youth Programs highlights a critical opportunity to support the health and well-being of military-connected youth.

4-H offers a variety of programs that align with the goals outlined in the DoW memorandum. Our curriculum is designed to engage youth in fun, age-appropriate activities that promote physical fitness, nutrition education, and mental well-being. Some examples of 4-H resources that support military installations in championing health and fitness: Everyday Food and Fitness, Sports Nutrition – Ready, Set, Go, Mindfulness, Health Rocks, Bicycle, Illinois e-sports, iThrive Leading Healthy, Outdoor Adventures, Steps to a Healthy Teen, 4-H S.N.A.C. Club, Be A Bone Builder, iCook: Cooking, Eating, and Playing Together, Choose Health: Food, Fun, and Fitness, Shooting Sports, and Up for the Challenge.



Find Your 4-H Military Partnership Liaison to get you connected with the 4-H curriculum